

# THE HK ALLERGY ASSOCIATION

Knowledge Exchange  
Luncheon Seminar  
June 5, 2012



# ABOUT US

- a charity group established in 2008
- income tax exempted under section 88 of IR Ordinance
- Governed by an Executive Committee and 20 Advisors.
- concerns Rhinitis, Eczema, Food Allergy



KNOWLEDGE EXCHANGE LUNCHEON

WHAT? WHY?

# 母親患敏感症易遺傳嬰孩 母產前頻飲奶 嬰過敏爛腸

**特稿** 準媽咪都希望生一個皮膚嫩白幼滑的孩子，牛奶就成為她們的「待產恩物」。不過，廣華醫院去年底接收

## 只服維他命無求診 惡菌入侵

# 一歲BB濕疹奪命



■患濕疹的男嬰手脚出現紅腫潰爛，後證實感染惡菌。



■16歲少年服中藥治療濕疹，雙腿紅腫兼脫皮。《International Journal of Dermatology》圖片

【本報訊】近來天氣乾燥，觸發濕疹病發，用錯方法止痕隨時有致命風險。有父母讓一歲男嬰服用大量維他命補充劑治療先天濕疹未見效，BB 氣管及皮膚更感染金黃葡萄球菌，血液也驗出鏈球菌，入院一日死亡。16 歲少年服中藥治療濕疹，無效之餘，更對藥物

男嬰，出生不久就出現濕疹症狀。由於父母不信任西藥療效，一直未有帶他求診，但自BB 半歲起，父母為加強其免疫力，讓他服用大量及多種貴價維他命補充劑，但無助控制病情，BB 八個月大時，體重已明顯較同齡嬰兒輕。

後來，BB 因急性細菌感染入院，入院時手腳及身體多處已紅腫潰爛。醫生在BB 的皮膚上及氣管內發現金黃葡萄球菌，懷疑BB 曾吞下受這細菌污染的東西，BB 的血液內亦發現鏈球菌，結果入院一日後不治。

中藥過敏 少年紅腫脫皮

94%受訪者沒有被告知所服中藥的副作用。

香港浸會大學中醫藥學院臨床部高級講師黃霽莉指出，雖然任何體質的濕疹患者都適合以中藥治療濕疹，但也要因應每個患者處方不同的中藥，故服用中藥前必須先徵詢中醫師意見。

### 受感染 患處會滲分泌物

至於服用維他命補充劑是否對治療濕疹有效？中文大學兒科學系助理教授林鴻生表示，濕疹患者由於免疫系統過強，遇上如食物或塵蟎等致敏原時，才會出現強烈免疫反應，令患處滲出分泌物，除非患者的皮膚問題與食物



# WHAT? WHY?

患食物敏感 窮家女墮樓亡 纏繞多年未知病因 家人責測試排4年

 明報 – 2012年3月7日星期三上午5:14

【明報專訊】家窮的乖巧中四女生患有食物過敏的重症多年，不時因為敏感致皮膚出活備受困擾，她前日再到醫院覆診，提起過去數月臉部及背部出現皮疹的困擾，但家仍需排期3至4年才可接受皮膚測試以確定致敏原。少女於昨凌晨留下遺書跳樓自殺，現屍體報警，對妹妹輕生深感愕然。

## Our Missions

To give accurate and up-to-date information to people with allergies and help them and their families to live a quality life.



# OUR OBJECTIVES

1. to provide information about allergy;
2. to raise allergy awareness in the society;
3. and to provide support to those with allergy.



FOOD ALLERGY & ANAPHYLAXIS ALLIANCE



# MEDIA EXPOSURE





# Press Conference on Food Allergy Prevalence



# Public Education





# Newsletter Website



**Allergy HK**  
香港過敏協會  
The Hong Kong Allergy Association

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## Food Allergy Support Card

I (name) \_\_\_\_\_ am allergic to

- ☐ Eggs and egg products
- ☐ Fish and fish products
- ☐ Cereals containing gluten (namely wheat, barley, oats, spelt, their hybridized strains)
- ☐ Crustacea and crustacean products; like
- ☐ Milk and milk products (including lactose)
- ☐ Peanuts and their products
- ☐ Tree nuts and nut products (almonds, hazelnuts, chestnuts, cashew, macadamia, pistachio)
- ☐ Soybeans and their products
- ☐ Sesame and their products
- ☐ Other (Please specify) \_\_\_\_\_

In case of emergency, **please contact:**

Name \_\_\_\_\_ Relationship \_\_\_\_\_

- A serious reaction can be **life-threatening**
- Please make sure that the food does **NOT** contain the allergen. Oil made of these food allergens should be avoided.
- Only use cleaned cookware and utensils contaminated with these food.

In case of emergency, **please dial this number** and **present this card to the medical staff**

Hong Kong: 999      Taiwan: 119      Singapore: 999  
China: 120      Macau: 999

PHOTO  
HERE



# OUR WORK THIS YEAR

- We have received a two years funding to run our activities.
- We have employed a full time staff and rented an office.
- 4 public education talks
- A swimming class for eczema kid
- A food allergy cooking class.
- New e-learning website.



# Our Concern

- Medical Care, Treatment and Guidelines
- Allergen Food Labelling, Food Safety Issue
- Epinephrine Auto Injector supply; Anaphylaxis Training
- School and Restaurant Awareness, Air Travel Safety
- Patients and Families psychological need.
- Funding for sustainable development of the Association.