Patient Empowerment

To help patients

- Take initiatives
- Solve problems
- Make choices

regarding their disease management

Kickbusch, ENOPE 2012, Denmark
Patient Empowerment

- Health literacy
- Chronic disease self-management
- Respecting patients’ rights and choices
- Two way process involving doctors and patients
- Policy to make health systems more patient-centred and information more accessible

*Lancet* 2012; 379:1677