Patient Empowerment

To help patients

- Take initiatives

- Solve problems

- Make choices

regarding their disease management

Kickbusch, ENOPE 2012, Denmark

Patient Empowerment

- Health literacy

- Chronic disease self-management

- Respecting patients' rights and choices

- Two way process involving doctors and patients

- Policy to make health systems more patient-centred and information more accessible

Lancet 2012; 379:1677